



[www.skatesaskatoon.com](http://www.skatesaskatoon.com)

# SPRING SCHOOL

**April 1 2024 – June 28 2024**

Email: [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com)

Sanctioned by SKATE CANADA

**ACT Skating Centre**

**107 – 105 Street East, Saskatoon, SK S7N 1Z2**



## **IMPORTANT INFORMATION:**

### **Helmet Use Policy - Information for Clubs, Coaches and Parents**

#### **CANSKATE GROUP LESSONS: Learn-to-skate Program – Age 3 and over – this is not an adult-tot program**

- Hockey or Figure Skates
- For helmet information – see link above
- Working on CanSkate Stages 1-6
- All CanSkate classes have the same content. Skaters are split into groups
- Skaters **MUST** have skate guards. Rubber or plastic skate guards are preferred rather than cloth
- Skate Saskatoon does not provide skates, guards, helmet, or mitts
- For the younger skaters, gloves or mitts and a metal cage facemask is recommended

#### **ADVANCED PRESTAR GROUP LESSONS:**

- Working on CanSkate stages 4-6
- For helmet information – see link above
- Must skate in figure skates
- Must have a coach recommendation and coordinator approval to move from CanSkate into Advanced

## **Figure Skating Training Program: SUPERNOVAS**

- Program Registration requires permission from Director of Skating
  - If interested email Gennady Kaskov, [directorofskating@skatesaskatoon.com](mailto:directorofskating@skatesaskatoon.com)
- Targeted at younger skaters who want to pursue excellence in Figure Skating
- Package **Includes Group Instruction:**
  - Two instructed group lessons per week – 45 minutes each
  - Two instructed off-ice classes per week – 30 minutes each
  - See Schedules on Pages 14-16
- Receive a **50% discount** on Spring options purchased. See ice, registration and attendance rules on pages 12 and 13 for private lesson requirements.



## Total Figure Skating Training Packages:

### ELITE

#### Pre-Novice to Senior Competitive Skaters or permission from the Director of Skating

- Includes Weekly:
  - 4 Freeskate sessions
    - Default sessions are options 11, 29, 65 and 83
      - Skaters can change from the default sessions to any STAR 3 – Gold, STAR 1- Gold or all levels session (on the same day) at no cost until April 16<sup>th</sup>, after this an administration fee will apply
  - 2 Skills/Edge/Stroking **instructed** group classes
  - 2 Off-ice **instructed** classes
  - See Schedules on Pages 14-16
- Encouraged to register for an additional 4-6 Freeskate options per week.
- Encouraged to register for the STAR 4-Gold Skating Skills/Edges/Spins Saturday mornings.

#### Additional Benefits of Elite Package:

- **Elite skaters can purchase Sr./Elite options individually.**
- Elite/Sr. and Sr./Elite options are **ONLY** available to Elite or Senior skaters.
- **Receive a 50% discount on additional Spring options purchased.**
- Skate Saskatoon Coaches can “flex” a skater onto any Sr./Elite, STAR 3-Gold or all levels sessions within the same day to accommodate lessons.
- Packages are much better value than buying individual sessions.



## Total Figure Skating Training Packages:

### SENIOR

**Pre-Juvenile to Pre-Novice Competitive Skaters, STAR 5+ (passed STAR 4 FreeSkate both parts) or permission from the Director of Skating**

- Includes Weekly:
  - 4 Freeskate sessions
    - Default sessions are options 12, 30, 66 and 85
      - Skaters can change from the default sessions to any STAR 3 – Gold, STAR 1- Gold or all levels session (on the same day) at no cost until April 16<sup>th</sup>, after this an administration fee will apply
  - 2 Skills/Edge/Stroking **instructed** group classes
  - 2 Off-ice **instructed** classes
  - See Schedules on Pages 14-16
- Encouraged to register for an additional 2-6 Freeskate options per week.
- Encouraged to register for the STAR 4-Gold Skating Skills/Edges/Spins Saturday mornings.

#### Additional Benefits of Senior Package:

- **Senior skaters can purchase Elite/Sr. options individually.**
- Elite/Sr. and Sr./Elite options are **ONLY** available to Elite or Senior skaters.
- **Receive a 50% discount on additional Spring options purchased.**
- Skate Saskatoon Coaches can “flex” a skater onto any Elite/Sr., STAR 3-Gold or all levels sessions within the same day to accommodate lessons.
- Packages are much better value than buying individual sessions.



## Total Figure Skating Training Packages:

### INTERMEDIATE

Skaters working on STAR 1- 4; completed Stage 6 CanSkate or permission from the Director of Skating

- Includes Weekly:
  - 2 Freeskate sessions
    - Default sessions are options 32, and 86
      - Skaters can change from the default sessions to any Adv. PreSTAR - Gold or all levels session (on any day) at no cost until April 16<sup>th</sup>, after this an administration fee will apply
  - Int. & Adv. PreSTAR – Gold Group Edge/Stroking **instructed** group class
  - 1 Off-ice **instructed** class
    - See Schedules on Pages 14-16
- Encouraged to register for an additional 1-3 Freeskate options per week.

#### Additional Benefits of Intermediate Package:

- Receive a **50% discount** on additional Spring options purchased.
- Skate Saskatoon Coaches can “flex” a skater onto any, Adv. PreSTAR - Gold or all levels sessions within the same **week** to accommodate lessons.
- Packages are much better value than buying individual sessions.

**Supernovas, Elite, Senior and Intermediate run April - June**



### **GROUP SKATING SKILLS/EDGES/SPIN**

Available for seasonal registration outside of a skating package

- Group Program including instruction:
  - Focus on: skating skills, edges, turns, speed, spins, musical interpretation
- Classes are available for Advanced - STAR 3 (2 classes) and STAR 4 - Gold

### **GROUP POWER SKATING LESSONS: U9 and U11 Hockey players, U10 and U12 Ringette players:**

- Must skate in hockey skates
- Must have a stick, gloves, helmet and mask
- Other types of equipment are optional (elbow pads, shin pads, shoulder pads, pants etc.)
- Participants have to be born in 2016 or prior and played at least one year of organized hockey/ringette.
- **\*\*This is not a learn to skate program\*\***

### **ADULT PROGRAM:**

- Coach supervised but not coach instructed
- Hockey or figure skates

### **NEW APRIL ADULT CANSKATE CLASS**

#### **Adult Group Instructed Learn-to-skate Program – Age 16 and over**

- Hockey or Figure Skates
- For helmet information – see link on page 2
- Working on CanSkate Stages 1-6
- Skaters **MUST** have skate guards. Rubber or plastic skate guards are preferred rather than cloth
- Skate Saskatoon does not provide skates, guards, helmet, or mitts



## **SPRING SYNCHRO OPTIONS AVAILABLE**

### **OPTION 88 – FRIDAY AT 7:45 – 8:30 PM**

- **Synchro Level 1 - Beginner to Pre-Novice - April & May only**
- COACHING NOT INCLUDED IN PURCHASE PRICE - upon registration skater will be invoiced for coaching by program coach, which must be paid in full by the first scheduled session
- Coach will determine level upon registration and communicate any necessary adjustments
- Skaters will practice Synchronized Skating Team stroking to help build strength and unison
- These sessions will include application in required program elements for Synchronized skating including wheels, lines, etc.

### **OPTION 53 – WEDNESDAY AT 9:00 – 9:45 PM**

- **Synchro Level 2 - Pre-Novice to Adult 2 - April - June**
- COACHING NOT INCLUDED IN PURCHASE PRICE - upon registration skater will be invoiced for coaching by program coach, which must be paid in full by the first scheduled session
- Coach will determine level upon registration and communicate any necessary adjustments
- Skaters will enhance strength training in team stroking followed by execution of common elements including pivoting blocks, wheels, transitions, etc.

**Single skaters are welcome as well as previous synchro skaters**

For program questions email Trish Bobert, Synchro coach at [sksk8coach@shaw.ca](mailto:sksk8coach@shaw.ca)



### **All Sessions are BYOC: “Bring Your Own Coach”**

- Must be Skate Canada Accredited Coach in good standing
- Non-Skate Saskatoon coaches must get permission from Skate Saskatoon Executive to coach on Skate Saskatoon sessions. Email [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com) a minimum of 48 hours in advance. Failure to do so may result in revoking permission on future BYOC Skate Saskatoon sessions.

### **COACH BOOKABLE ICE:**

- Ice time that must be booked by a Skate Canada Coach with Skate Saskatoon a minimum of 48 hours in advance: Email [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com)
- Skaters will be invoiced at the Drop-In rate for ice used.
- Once the session has been set up in the system it cannot be exchanged for a different time
- Can be used for program choreography, supplementary lessons etc.
- 15-minute Lesson Ice Tickets are not valid on “Coach Bookable Ice”





### Pricing:

1. All skaters are required to have an active Skate Canada Membership, which is valid for one year from Sept. 1, 2023 – Aug. 31 2024 at a cost of \$58.65.
2. Discount Structure for skaters who are choosing not to participate in the group packages, NOTE: Group packages are more cost effective.:
  - a. NOTE: **This discount WILL NOT apply upon checkout**, contact [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com) prior to June 2 2024 and a refund for the discount will be refunded to your card or set up as a credit on your member account, based on your stated preference, requests after June 2 2024 will not result in a refund or credit.

| Number of April – June Options Purchased for a skater | Discount (Applies to April - June options purchased) |
|---|--|
| 1   | 0%   |
| 2   | 20%  |
| 3-4   | 30%  |
| 5-7   | 35%  |
| 8-9   | 40%  |
| 10  | 50%  |

All program fees listed do not include the Skate Canada fee or applicable taxes.

There are no pricing prorations.

There is a \$30 +GST administration fee for any changes to registered skating times outside of the stated exceptions for Elite, Senior and Intermediate skaters. This fee is waived for 10 days at the start of the season.

Discounts DO NOT Stack, the maximum an option can be discounted is 50%.



| <b>Program</b>   | <b>Details</b>  | <b>Cost</b>           |
|--|---|-----------------------|
| CanSkate (including Adult Canskate) & Advanced PreSTAR | April & May: 7 sessions (Saturday)  | \$143.00              |
|  | April & May: 8 sessions (Monday)  | \$164.00              |
|  | April & May: 9 sessions (Wednesday or Thursday)   | \$184.00              |
|  | Classes for April only or June only: 4 sessions   | \$82.00               |
| Power Skating  | April & May: 9 sessions (Thursday)  | \$184.00              |
|  | April & May: 8 sessions (Saturday)  | \$164.00              |
| Adult Program  | See Page 6: April & May   | \$116.00              |
| Supernovas Group Program                               | See Page 2 – April - June   | \$530.00              |
| Intermediate Package                                   | See Page 5 – April - June   | \$465.00              |
| Senior Package   | See Page 4 – April - June   | \$725.00              |
| Elite Package  | See Page 3 – April - June   | \$800.00              |
| Group Skating Skills/Edges/Spin                        | April – June Advanced -STAR 3: 12 sessions (Friday)   | \$169.00              |
|  | April & May Advanced-STAR 3: 7 sessions (Saturday)  | \$99.00               |
|  | April & May STAR 4-Gold: 8 sessions (Saturday)  | \$113.00              |
| Options  | Costs vary based on number of sessions<br>NOTE: When registering ensure to verify the dates | \$12.00 (per session) |
| Drop In Buy-On Sessions                                | See Page 10   | \$17.00 (per session) |
| Coach Bookable Ice                                     | See Page 7  | \$17.00 (per session) |
| 15-Minute Lesson Ice Tickets                           | See Page 10   | \$5.00 (per ticket)   |
| Lockers  | Subscription effective until June 30 2024   | \$25.00               |



## Drop In-Buy on Ice

To buy a drop-in session follow the instructions below:

1. Log into your Skate Saskatoon account.
2. On the Registration Tab click on “Calendar View”.
3. Any options that are available for drop-in will have an icon with an arrow in the top right-hand corner of the calendar box. Drop-in on Elite/Senior or Senior/Elite sessions is only available to skaters registered for the Elite or Senior packages. The icon will still present but it won’t allow the drop-in without the package registration.
4. Click on the option for the session you wish to purchase, and from the pop-up menu select DROP IN.
5. Select the participant from the drop-down menu and date(s) desired to DROP IN, only dates selected and purchased in this manner are acceptable, **no swapping of DROP In purchases for different dates.**
6. Click “ADD” to add the DROP IN purchases to your cart.
7. Programs that do not allow for drop-in will not have the icon.

Notes:

- Skaters must have the 23-24 Skate Canada membership. If this is not already in place it will be automatically added at checkout. See the pricing section for further information
- Skaters must be at the appropriate level for the session they are buying
- Must be purchased prior to skating

## 15-Minute Lesson Ice Tickets

- Must be in a private lesson to use this ticket – private coaching fees not included
- Must have a current season registration in group lessons
- 15-minute tickets must be purchased prior to usage
- Coach, date, and option number are required to be completed in order to finalize the purchase
- Maximum TWO tickets per day
  - Exception: Three tickets can be used for private lessons arranged on Supernovas sessions
- Only valid on Adv. PreSTAR – Gold, All Levels Options or Supernovas sessions
- Only valid for skaters below STAR 3
- Not valid on Coach Bookable Ice
- Tickets expire at the end of the season



## Ice, Registration and Attendance Rules

1. Skaters who have not yet **PASSED** the complete STAGE 3 of CanSkate **MUST** also be registered in CanSkate group lessons in the current season to be eligible for non-group programming (private lessons), including using 15-minute lesson ice tickets.
  - Skaters who have not yet passed Stage 3 of CanSkate are required to be in a lesson while on the ice (private or group).
  - Exception: Skaters registered in U7, or older hockey are eligible for All Levels sessions provided they are in a lesson (for the entire time they are on the ice), without having passed CanSkate STAGE 3, but are not eligible for 15-minute lesson ice tickets unless also registered in a Skate Saskatoon Group Program.
2. Parents are not allowed in the ice area or off ice room without instructor permission. Parents are not allowed to provide instruction to a skater from the viewing gallery. Interrupting focus during a moving session is considered dangerous.
3. Only skaters and coaches or authorized persons may enter the music room. Parents are not allowed.
4. All skaters must follow session music rules:
  - a. Each Coach is allowed 1 solo per 15 minutes of Freeskate session. If solo has been stopped, the skater loses their privilege and will have to move to the back of the line to have their music played again.
    - If more than one coach is requesting solo music, a skater not in a lesson will be permitted to play their music in-between the two lesson solos.
5. No program should start within two minutes of the session's end time. All the solos should have a time commitment. Skaters should be allowed to finish their program.
6. Right away on the ice
  - Run through soloist with music playing
  - Private lessons
  - Skaters competing
7. Skaters must not enter the ice prior to the session start time and must exit the ice at the time the session ends.
8. No food or drink (except water bottles) permitted in the ice or off ice areas.
9. No swearing, temper tantrums or improper behavior during any sessions or in the building.
10. No standing or grouping on ice.
11. Do not put others at risk by kicking or lying on the ice. Do not stand or coast in the middle of the ice. Be aware of other skaters and the pace of the session.
12. No tying skates on the ice session. Head down is considered dangerous.
13. No Earbuds or headphones are permitted on the ice (Exception: Skate Canada coaches using them to choreograph programs, NOTE: the coach can wear the earbud, NOT the skater).
14. Any skaters skating on a session without proper registration will be asked to leave the session immediately.
15. No swapping or exchanging sessions.
16. All Levels, CanSkate and Adult sessions: Hockey or Figure skates
  - All other sessions require figure skates.
17. Private Group lessons
  - Maximum of 4 skaters per coach, Skate Saskatoon coaches only
  - Maximum of 2 skaters per coach, non-club coaches
18. Pairs/Dance is permitted on sessions with fewer than 10 registered skaters (including the pair/dance



- team).
19. Director of Skating has the right to place a skater on another session or different package due to skater's competitive record, skater's work ethic or skater's technical ability.
  20. On ice and Off ice group lesson instructors have the right to dismiss skaters for lateness or disruptive behavior.
  21. Skate Saskatoon reserves the right to revoke privileges of participants who do not follow guidelines or policies.
  22. Skate Saskatoon reserves the right to modify or cancel programs or options at any time. Skate Saskatoon will provide as much cancellation notice as possible via email, the website and on social media. Please ensure your Uplifter account settings allow emails from Skate Saskatoon.
  23. Skate Saskatoon is not required to provide makeup sessions or refunds for sessions missed as a result of unforeseen circumstances.
  24. A Skate Canada Coach, plus at least one skater, must be in the building for the session to occur. Skater(s) must exit the ice if this requirement is not met. No refunds or make up sessions are provided.
  25. BYOC – Bring Your Own Coach (must be Skate Canada Accredited Coach in good standing). Non-Skate Saskatoon coaches must request permission to coach BYOC sessions by emailing [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com). Failure to do so may result in revoking permission on future BYOC Skate Saskatoon sessions.
  26. For CanSkate and Advanced PreSTAR group lessons, parents/guardians or designated supervising adults are responsible for their child(ren) at all times when they are not on the ice, including before and after their scheduled group lesson. Parents/guardians or designated supervising adults must remain at the skating facility during the group lesson, in the event that the child requires assistance off the ice.
  27. Skate Saskatoon welcomes children spectators to build interest in the sport. Children spectators must be supervised at all times.

## **Important Dates:**

**Friday April 5 - Sk. Showcase 12 pm – 5 pm**

**Saturday April 6 - Sk. Showcase 10 am – 5 pm**

**Sunday April 7 - Sk. Explore Dance & Synchro Seminar 9 am – 12 pm**

**June 14 and 15 - Brian Orser and Tracy Wilson Workshop**

**Monday May 20 Victoria Day – Closed**

**Closed on Sundays in May and June**

**Closed on Saturdays in June, except June 15 for the workshop – see above**

**Assessment Day to be announced**



| Schedule is subject to change |                         | SKATE SASKATOON ON ICE SCHEDULE Spring 2024 - April 1 - May 31 |                         |                         |                             |                            |                         |
|-------------------------------|-------------------------|--|-------------------------|-------------------------|-----------------------------|----------------------------|-------------------------|
| Times                         | Monday                  | Tuesday  | Wednesday               | Thursday                | Friday                      | Saturday                   | Sunday                  |
| 7:30                          |                         | Option 19  | Option 37               | Option 55               | Option 73                   |                            | APRIL ONLY              |
| 7:45                          | Ice not available       | All Levels   | All Levels              | All Levels              | All Levels                  |                            |                         |
| 8:00                          | (maintenance)           | 7:30 - 8:30  | 7:30 - 8:30             | 7:30 - 8:30             | 7:30 - 8:30                 |                            |                         |
| 8:15                          |                         |  |                         |                         |                             | Option 92                  | Option 110              |
| 8:30                          |                         | Option 20  | Option 38               | Option 56               | Option 74                   | All Levels                 | All Levels              |
| 8:45                          |                         | All Levels   | All Levels              | All Levels              | All Levels                  | 8:15 - 9:00                | 8:15 - 9:00             |
| 9:00                          |                         | 8:30 - 9:15  | 8:30 - 9:15             | 8:30 - 9:15             | 8:30 - 9:15                 | STAR 4-Gold                | Option 111              |
| 9:15                          |                         | Option 21  | Option 39               | Option 57               | Option 75                   | Skating Skills/Edges/Spins | All Levels              |
| 9:30                          |                         | Coach Bookable Ice   | Coach Bookable Ice      | Coach Bookable Ice      | All Levels                  | 9:00 - 9:45                | 9:00 - 9:45             |
| 9:45                          |                         | 9:15 - 10:00   | 9:15 - 10:00            | 9:15 - 10:00            | 9:15 - 10:00                | FLOOD                      | FLOOD                   |
| 10:00                         |                         | FLOOD  | FLOOD                   | FLOOD                   | FLOOD                       | CanSkate #4                | Option 112              |
| 10:15                         |                         | Option 22  | Option 40               | Option 58               | Option 76                   | Hockey or Figure Skates    | All Levels              |
| 10:30                         |                         | Coach Bookable Ice   | Coach Bookable Ice      | Coach Bookable Ice      | Coach Bookable Ice          | 10:00 - 10:45              | 10:00 - 10:45           |
| 10:45                         |                         | 10:15 - 11:00  | 10:15 - 11:00           | 10:15 - 11:00           | 10:15 - 11:00               | CanSkate #5                | Option 113              |
| 11:00                         |                         | Option 23  | Option 41               | Option 59               | Option 77                   | Hockey or Figure Skates    | All Levels              |
| 11:15                         |                         | Coach Bookable Ice   | Coach Bookable Ice      | Coach Bookable Ice      | Coach Bookable Ice          | 10:45 - 11:30              | 10:45 - 11:30           |
| 11:30                         | FLOOD                   | 11:00 - 11:45  | 11:00 - 11:45           | 11:00 - 11:45           | 11:00 - 11:45               | Advanced PreSTAR           | Option 114              |
| 11:45                         | Option 6                | Option 24  | Option 42               | Option 60               | Option 78                   | Group Lessons              | All Levels              |
| 12:00                         | Coach Bookable Ice      | Coach Bookable Ice   | Coach Bookable Ice      | Coach Bookable Ice      | Coach Bookable Ice          | #3 11:30 - 12:15           | 11:30 - 12:15           |
| 12:15                         | 11:45 - 12:30           | 11:45 - 12:30  | 11:45 - 12:30           | 11:45 - 12:30           | 11:45 - 12:30               | FLOOD                      | FLOOD                   |
| 12:30                         | Option 7                | Option 25  | Option 43               | Option 61               | Option 79                   | Option 97                  | CanSkate #6             |
| 12:45                         | Coach Bookable Ice      | Coach Bookable Ice   | Coach Bookable Ice      | Coach Bookable Ice      | Coach Bookable Ice          | All Levels                 | Hockey or Figure Skates |
| 1:00                          | 12:30 - 1:15            | 12:30 - 1:15   | 12:30 - 1:15            | 12:30 - 1:15            | 12:30 - 1:15                | 12:30 - 1:15               | 12:30 - 1:15            |
| 1:15                          | FLOOD                   | FLOOD  | FLOOD                   | FLOOD                   | FLOOD                       | Option 98                  | CanSkate Adult #1       |
| 1:30                          | Option 8                | Option 26  | Option 44               | Option 62               | Option 80                   | All Levels                 | Hockey or Figure Skates |
| 1:45                          | Coach Bookable Ice      | Coach Bookable Ice   | Coach Bookable Ice      | Coach Bookable Ice      | Coach Bookable Ice          | 1:15 - 2:00                | 1:15 - 2:00             |
| 2:00                          | 1:30 - 2:15             | 1:30 - 2:15  | 1:30 - 2:15             | 1:30 - 2:15             | 1:30 - 2:15                 | Option 99                  | Option 117              |
| 2:15                          | Option 9                | Option 27  | Option 45               | Option 63               | Option 81                   | All Levels                 | All Levels              |
| 2:30                          | STAR 3 - Gold           | STAR 3 - Gold  | STAR 3 - Gold           | STAR 3 - Gold           | STAR 3 - Gold               | 2:00 - 2:45                | 2:00 - 2:45             |
| 2:45                          | 2:15 - 3:00             | 2:15 - 3:00  | 2:15 - 3:00             | 2:15 - 3:00             | 2:15 - 3:00                 | FLOOD                      | FLOOD                   |
| 3:00                          | Option 10               | Option 28  | Option 46               | Option 64               | Option 82                   | Option 100                 | Option 118              |
| 3:15                          | STAR 3 - Gold           | STAR 3 - Gold  | STAR 3 - Gold           | STAR 3 - Gold           | STAR 3 - Gold               | All Levels                 | All Levels              |
| 3:30                          | 3:00 - 3:45             | 3:00 - 3:45  | 3:00 - 3:45             | 3:00 - 3:45             | 3:00 - 3:45                 | 3:00 - 3:45                | 3:00 - 3:45             |
| 3:45                          | FLOOD                   | FLOOD  | FLOOD                   | FLOOD                   | FLOOD                       | Option 101                 | Option 119              |
| 4:00                          | Option 11               | Option 29  | Option 48               | Option 65               | Option 83                   | All Levels                 | Coach Bookable Ice      |
| 4:15                          | Elite/Senior Freeskate  | Elite/Senior Freeskate   | Elite/Senior FreeSkate  | Elite/Senior Freeskate  | Elite/Senior Freeskate      | 3:45 - 4:30                | 3:45 - 4:30             |
| 4:30                          | 4:00-4:45               | 4:00-4:45  | 4:00 - 5:00             | 4:00 - 4:45             | 4:00-4:45                   | Adv - STAR 3 Skills Class  |                         |
| 4:45                          | Option 12               | Option 30  |                         | Option 66               | Elite/Senior Edges/Skills   | Option 102 All Levels      |                         |
| 5:00                          | Senior/Elite Freeskate  | Senior/Elite Freeskate   | Elite Edges/Skills      | Senior/Elite Freeskate  | 4:45 - 5:15                 | 4:30 - 5:15                |                         |
| 5:15                          | 4:45 - 5:30             | 4:45 - 5:30  | 5:00 - 5:30             | 4:45 - 5:30             | Option 85                   | FLOOD                      |                         |
| 5:30                          | Senior Edges/Skills     | Supernovas   | FLOOD                   | Supernovas              | Senior/Elite Freeskate      | Group                      |                         |
| 5:45                          | 5:30 - 6:00             | 5:30 - 6:15  | CanSkate #2             | 5:30 - 6:15             | 5:15 - 6:00                 | Power Skating #2           |                         |
| 6:00                          | FLOOD                   |  | Hockey or Figure Skates |                         | FLOOD                       | 5:30 - 6:15                |                         |
| 6:15                          | CanSkate #1             | FLOOD  | 5:45 - 6:30             | FLOOD                   | Option 86                   | ADULT                      |                         |
| 6:30                          | Hockey or Figure Skates | Option 32  | Advanced PreSTAR        | CanSkate #3             | Intermediate                | Program                    |                         |
| 6:45                          | 6:15 - 7:00             | Intermediate   | Group Lessons #2        | Hockey or Figure Skates | 6:15 - 7:00                 | 6:15 - 7:00                |                         |
| 7:00                          | Advanced PreSTAR        | 6:30 - 7:15  | 6:30 - 7:15             | 6:30 - 7:15             | Intermediate & Adv - STAR 3 | FLOOD                      |                         |
| 7:15                          | Group Lessons #1        | Option 33  | Option 51               | Option 69               | Group Skills/Edges          |                            |                         |
| 7:30                          | 7:00 - 7:45             | Adv. PreSTAR - Gold  | Adv. PreSTAR - Gold     | All Levels              | 7:00 - 7:45                 | Club Specific Programming  |                         |
| 7:45                          | Option 15               | 7:15 - 8:00  | 7:15 - 8:00             | 7:15 - 8:00             | Option 88 A & M             |                            |                         |
| 8:00                          | All Levels              | Option 34  | FLOOD                   | Option 70               | Synchro Level 1             |                            |                         |
| 8:15                          | 7:45 - 8:30             | STAR 1 - Gold  | Option 52               | STAR 1 - Gold           | 7:45 - 8:30                 |                            |                         |
| 8:30                          | FLOOD                   | 8:00 - 8:45  | All Levels              | 8:00 - 8:45             | FLOOD                       |                            |                         |
| 8:45                          | Option 16               | FLOOD  | 8:15 - 9:00             | FLOOD                   | Option 89                   |                            |                         |
| 9:00                          | All Levels              | Option 35  | Option 53               | Group                   | All Levels                  |                            |                         |
| 9:15                          | 8:45 - 9:30             | All Levels   | Synchro Level 2         | Power Skating #1        | 8:45 - 9:30                 |                            |                         |
| 9:30                          | Option 17               | 9:00-9:45  | 9:00 - 9:45             | 9:00 - 9:45             |                             |                            |                         |
| 9:45                          | All Levels              |  |                         |                         |                             |                            |                         |
| 10:00                         | 9:30 - 10:15            |  |                         |                         |                             |                            |                         |



| Schedule is subject to change |                          | SKATE SASKATOON ON ICE SCHEDULE Spring 2024 - June 3 - June 28 |                         |                        |                             |
|-------------------------------|--------------------------|--|-------------------------|------------------------|-----------------------------|
| Times                         | Monday                   | Tuesday  | Wednesday               | Thursday               | Friday                      |
| 7:30                          |                          | Option 19  | Option 37               | Option 55              | Option 73                   |
| 7:45                          | <b>Ice not available</b> | All Levels   | All Levels              | All Levels             | All Levels                  |
| 8:00                          | <b>(maintenance)</b>     | 7:30 - 8:30  | 7:30 - 8:30             | 7:30 - 8:30            | 7:30 - 8:30                 |
| 8:15                          |                          |  |                         |                        |                             |
| 8:30                          |                          | Option 20  | Option 38               | Option 56              | Option 74                   |
| 8:45                          |                          | All Levels   | All Levels              | All Levels             | All Levels                  |
| 9:00                          |                          | 8:30 - 9:15  | 8:30 - 9:15             | 8:30 - 9:15            | 8:30 - 9:15                 |
| 9:15                          |                          | Option 21  | Option 39               | Option 57              | Option 75                   |
| 9:30                          |                          | Coach Bookable Ice   | Coach Bookable Ice      | Coach Bookable Ice     | All Levels                  |
| 9:45                          |                          | 9:15 - 10:00   | 9:15 - 10:00            | 9:15 - 10:00           | 9:15 - 10:00                |
| 10:00                         |                          | <b>FLOOD</b>   | <b>FLOOD</b>            | <b>FLOOD</b>           | <b>FLOOD</b>                |
| 10:15                         |                          | Option 22  | Option 40               | Option 58              | Option 76                   |
| 10:30                         |                          | Coach Bookable Ice   | Coach Bookable Ice      | Coach Bookable Ice     | Coach Bookable Ice          |
| 10:45                         |                          | 10:15 - 11:00  | 10:15 - 11:00           | 10:15 - 11:00          | 10:15 - 11:00               |
| 11:00                         |                          | Option 23  | Option 41               | Option 59              | Option 77                   |
| 11:15                         |                          | Coach Bookable Ice   | Coach Bookable Ice      | Coach Bookable Ice     | Coach Bookable Ice          |
| 11:30                         | <b>FLOOD</b>             | 11:00 - 11:45  | 11:00 - 11:45           | 11:00 - 11:45          | 11:00 - 11:45               |
| 11:45                         | Option 6                 | Option 24  | Option 42               | Option 60              | Option 78                   |
| 12:00                         | Coach Bookable Ice       | Coach Bookable Ice   | Coach Bookable Ice      | Coach Bookable Ice     | Coach Bookable Ice          |
| 12:15                         | 11:45 - 12:30            | 11:45 - 12:30  | 11:45 - 12:30           | 11:45 - 12:30          | 11:45 - 12:30               |
| 12:30                         | Option 7                 | Option 25  | Option 43               | Option 61              | Option 79                   |
| 12:45                         | Coach Bookable Ice       | Coach Bookable Ice   | Coach Bookable Ice      | Coach Bookable Ice     | Coach Bookable Ice          |
| 1:00                          | 12:30 - 1:15             | 12:30 - 1:15   | 12:30 - 1:15            | 12:30 - 1:15           | 12:30 - 1:15                |
| 1:15                          | <b>FLOOD</b>             | <b>FLOOD</b>   | <b>FLOOD</b>            | <b>FLOOD</b>           | <b>FLOOD</b>                |
| 1:30                          | Option 8                 | Option 26  | Option 44               | Option 62              | Option 80                   |
| 1:45                          | Coach Bookable Ice       | Coach Bookable Ice   | Coach Bookable Ice      | Coach Bookable Ice     | Coach Bookable Ice          |
| 2:00                          | 1:30 - 2:15              | 1:30 - 2:15  | 1:30 - 2:15             | 1:30 - 2:15            | 1:30 - 2:15                 |
| 2:15                          | Option 9                 | Option 27  | Option 45               | Option 63              | Option 81                   |
| 2:30                          | STAR 3 - Gold            | STAR 3 - Gold  | STAR 3 - Gold           | STAR 3 - Gold          | STAR 3 - Gold               |
| 2:45                          | 2:15 - 3:00              | 2:15 - 3:00  | 2:15 - 3:00             | 2:15 - 3:00            | 2:15 - 3:00                 |
| 3:00                          | Option 10                | Option 28  | Option 46               | Option 64              | Option 82                   |
| 3:15                          | STAR 3 - Gold            | STAR 3 - Gold  | STAR 3 - Gold           | STAR 3 - Gold          | STAR 3 - Gold               |
| 3:30                          | 3:00 - 3:45              | 3:00 - 3:45  | 3:00 - 3:45             | 3:00 - 3:45            | 3:00 - 3:45                 |
| 3:45                          | <b>FLOOD</b>             | <b>FLOOD</b>   | <b>FLOOD</b>            | <b>FLOOD</b>           | <b>FLOOD</b>                |
| 4:00                          | Option 11                | Option 29  | Option 48               | Option 65              | Option 83                   |
| 4:15                          | Elite/Senior Freeskate   | Elite/Senior Freeskate   | Elite/Senior FreeSkate  | Elite/Senior Freeskate | Elite/Senior Freeskate      |
| 4:30                          | 4:00-4:45                | 4:00-4:45  | 4:00 - 5:00             | 4:00 - 4:45            | 4:00-4:45                   |
| 4:45                          | Option 12                | Option 30  |                         | Option 66              | Elite/Senior Edges/Skills   |
| 5:00                          | Senior/Elite Freeskate   | Senior/Elite Freeskate   | Elite Edges/Skills      | Senior/Elite Freeskate | 4:45 - 5:15                 |
| 5:15                          | 4:45 - 5:30              | 4:45 - 5:30  | 5:00 - 5:30             | 4:45 - 5:30            | Option 85                   |
| 5:30                          | Senior Edges/Skills      | Supernovas   | <b>FLOOD</b>            | Supernovas             | Senior/Elite Freeskate      |
| 5:45                          | 5:30 - 6:00              | 5:30 - 6:15  | CanSkate J2             | 5:30 - 6:15            | 5:15 - 6:00                 |
| 6:00                          | <b>FLOOD</b>             |  | Hockey or Figure Skates |                        | <b>FLOOD</b>                |
| 6:15                          | CanSkate J1              | <b>FLOOD</b>   | 5:45 - 6:30             | <b>FLOOD</b>           | Option 86                   |
| 6:30                          | Hockey or Figure Skates  | Option 32  | Option 50 - June only   | Advanced PreSTAR       | Intermediate                |
| 6:45                          | 6:15 - 7:00              | Intermediate   | All Levels              | Group Lessons J1       | 6:15 - 7:00                 |
| 7:00                          | Option 14 - June only    | 6:30 - 7:15  | 6:30 - 7:15             | 6:30 - 7:15            | Intermediate & Adv - STAR 3 |
| 7:15                          | All Levels               | Option 33  | Option 51               | Option 69              | Group Skills/Edges          |
| 7:30                          | 7:00 - 7:45              | Adv. PreSTAR - Gold  | Adv. PreSTAR - Gold     | All Levels             | 7:00 - 7:45                 |
| 7:45                          | Option 15                | 7:15 - 8:00  | 7:15 - 8:00             | 7:15 - 8:00            | Option 88J - June only      |
| 8:00                          | All Levels               | Option 34  | <b>FLOOD</b>            | Option 70              | All Levels                  |
| 8:15                          | 7:45 - 8:30              | STAR 1 - Gold  | Option 52               | STAR 1 - Gold          | 7:45 - 8:30                 |
| 8:30                          | <b>FLOOD</b>             | 8:00 - 8:45  | All Levels              | 8:00 - 8:45            | <b>FLOOD</b>                |
| 8:45                          | Option 16                | <b>FLOOD</b>   | 8:15 - 9:00             | <b>FLOOD</b>           | Option 89                   |
| 9:00                          | All Levels               | Option 35  | Option 53               | Option 71 - June only  | All Levels                  |
| 9:15                          | 8:45 - 9:30              | All Levels   | Synchro Level 2         | All Levels             | 8:45 - 9:30                 |
| 9:30                          | Option 17                | 9:00-9:45  | 9:00 - 9:45             | 9:00 - 9:45            |                             |
| 9:45                          | All Levels               |  |                         |                        |                             |
| 10:00                         | 9:30 - 10:15             |  |                         |                        |                             |



|       | Schedule is subject to change |                      | SKATE SASKATOON OFF ICE SCHEDULE Spring 2024 - April 1 - June 28 |                    |                |
|-------|-------------------------------|----------------------|--|--------------------|----------------|
| Times | Monday                        | Tuesday              | Wednesday  | Thursday           | Friday         |
| 4:30  |                               |                      |  |                    |                |
| 4:45  |                               |                      |  |                    |                |
| 5:00  |                               |                      |  |                    |                |
| 5:15  |                               |                      |  |                    |                |
| 5:30  |                               |                      |  |                    |                |
| 5:45  |                               | Off Ice              | Off Ice  |                    |                |
| 6:00  |                               | Elite & Sr. Packages | Elite Package  |                    |                |
| 6:15  |                               | 5:45 - 6:30 pm       | 5:45 - 6:30 pm   |                    | Off Ice        |
| 6:30  |                               | Off Ice Supernovas   | Off Ice Inter. Package   | Off Ice Supernovas | Senior Package |
| 6:45  |                               | 6:30 - 7:00 pm       | 6:30 - 7:00  | 6:30 - 7:00 pm     | 6:00-6:45      |
| 7:00  |                               |                      |  |                    |                |
| 7:15  |                               |                      |  |                    |                |
| 7:30  |                               |                      |  |                    |                |
| 7:45  |                               |                      |  |                    |                |